

Weekly Menu

Week 1



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal & Vegetarian Meal	Spaghetti Bolognese Or Vegetarian Bolognese	Pork Sausage Toad In the Hole Served with Mash & Vegetables Or Vegetarian Toad In The Hole	BBQ Chicken Tortilla Wrap with Nachos Or BBQ Vegetarian Tortilla Wrap	Chicken Tikka Served With Rice Or Vegetarian Chicken Tikka	Crispy Chicken Goujons & fries Sausage & Fries Or Vegetarian Sausage
Concept	Katsu Chicken Rice Pot Or Vegetarian Katsu Rice Pot	Black Bean Chicken Rice pot Or Vegetarian Black Bean Rice Pot	Chicken Curry Rice Pot Or Vegetarian Curry Rice Pot	Teriyaki Chicken Rice Pot Or Vegetarian Teriyaki Rice Pot	Hoisin Chicken Rice Pot Or Vegetarian Hoisin Rice Pot
Jacket Potatoes	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Beef Chilli	Cheese & Beans Or Chicken Curry	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Chicken Curry
Pudding & Custard	Banana Bread	Apple Crumble	Raspberry & Lemon Loaf Cake	Marble Cake	Lemon Drizzle Loaf Cake
Pasta Bar	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce
Grab & Go	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza

Weekly Menu

Week 2



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal & Vegetarian Meal	Chicken & Vegetable Stir Fry Noodles Or Vegetarian Stir Fry Noodles	Beef Lasagne With Garlic Bread Or Vegetarian Lasagne With Garlic bread	Peri Peri Chicken Wrap With Tortilla Chips Or Vegetarian Peri Peri Chicken Style Wrap With Tortilla Chips	Chicken Sausages With Mash & Vegetables Or Vegetarian Sausages With Mash & Vegetables	Crispy Chicken Goujons & fries Sausage & Fries Or Vegetarian Sausage
Concept	BBQ Chicken Rice Pot Or Vegetarian BBQ Rice Pot	Katsu Chicken Rice pot Or Vegetarian Katsu Rice Pot	Plum Chicken Rice Pot Or Vegetarian Plum Rice Pot	Teriyaki Chicken Rice Pot Or Vegetarian Teriyaki Rice Pot	Sweet Chilli Chicken Rice Pot Or Vegetarian Sweet Chilli Rice Pot
Jacket Potatoes	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Beef Chilli	Cheese & Beans Or Chicken Curry	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Chicken Curry
Pudding & Custard	Cherry Crumble	Cocoa and Vanilla Sponge	Banana Bread	Choc Chip Flapjack	Iced Vanilla Sponge
Pasta Bar	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce
Grab & Go	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza

Weekly Menu

Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal & Vegetarian Meal	Gammon, Roast Potatoes & Vegetables Or Vegetarian Cottage Pie With Vegetables	Creamy Chicken Korma With Rice Or Vegetarian Korma With Rice	Lemon & Herb Chicken Wrap With Tortilla Chips Or Vegetarian Lemon & Herb Style Chicken Wrap With Tortilla Chips	Ham and Mushroom Spaghetti Carbonara Or Macaroni Cheese	Crispy Chicken Goujons & fries Sausage & Fries Or Vegetarian Sausage
Concept	Katsu Chicken Rice Pot Or Vegetarian Katsu Rice Pot	Black Bean Chicken Rice pot Or Vegetarian Black Bean Rice Pot	Chicken Curry Rice Pot Or Vegetarian Curry Rice Pot	Teriyaki Chicken Noodle Pot Or Vegetarian Teriyaki Pot	Hoisin Chicken Rice Pot Or Vegetarian Hoisin Rice Pot
Jacket Potatoes	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Beef Chilli	Cheese & Beans Or Chicken Curry	Cheese & Beans Or Tuna Mayo	Cheese & Beans Or Chicken Curry
Pudding & Custard	Cherry Crumble	Lemon Drizzle Loaf Cake	Apple & Cinnamon Crumble	Sponge Cake	Marble Cake
Pasta Bar	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce	Pasta & Sauce Tomato & Basil or Meatballs	Pasta & Sauce Tomato & Basil or Cheese Sauce
Grab & Go	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza	Margarita Pizza Or Pepperoni Pizza